

4-mile Walk/Run

(2 miles and return)



P Parking

Reedy Creek Rd
(off Blue Ridge)



CRABTREE CREEK
ENTRANCE

William B. Umstead State Park
Raleigh, North Carolina

(Park Boundaries are Approximate)



Wm. B. Umstead State Park Multi-Use Trails

Graylyn	1.63 mi. (Graylyn Gate to Reedy Creek Trail)
Reedy Creek	4.61 mi. (West Gate to Reedy Creek/Trenton Rd.)
Cedar Ridge	1.5 mi. (Reedy Creek Trail to Ebenezer Church Rd.)
N. Turkey Creek	2.44 mi. (Graylyn Trail to Ebenezer Church Rd.)
S. Turkey Creek	1.12 mi. (Reedy Creek Trail to Ebenezer Church Rd.)

Wm. B. Umstead Hiking Trails

Company Mill Trail	- 5.87 mi.
Inspiration Trail	- 0.31 mi. (Loop Trail)
Lobby Trail	- 2.74 mi. (To Park Boundary)
Oak Rock Trail	- 0.65 mi. (Loop Trail)
Pat's Branch Trail	- 1.26 mi. (Loop Trail)
Sal's Branch Trail	- 2.62 mi. (Loop Trail)
Sycamore Trail	- 2.17 mi. (To Loop Trail)
Sycamore Loop	- 2.86 mi. (Loop Trail)

Rex Hospital
5 miles

Rex Hospital
6 miles

KALEIGH-DURHAM
INTERNATIONAL

Airport
Overlook

REEDY CREEK
ENTRANCE

